

# Track Sheets Level 3

## TRACK QUIZZES

Abbreviations: V = Violin, VA = Viola, C = Cello, B = Bass

### Track # 37 – Chromatic Movement.

Practice: *String Techniques* #s 10 – 12 & *Expressive Tech*, p. 2 #s 1 -9

- Test Song # 1: Chromatic Scale (all instruments)
- Test Song # 2: Chromatic Etude (all instruments)

### Track # 38 – Playing in positions on all strings: III position for violins/violas the 1 2 3 4 finger pattern, IV position for cellos the 1 3 4 finger pattern.

Practice: *Expressive Techniques*, pp. 14 & *Essential Technique* - pp. 2 -3 (D & A strings), #s 4, 7 - 11 ; pp. 6-7 (E String) #s 30 - 35; pp. 10 - 11 (G string) #s 59 - 64; pp. 14 - 15 (C string)#s

- Test Song # 1: Blue Bells of Scotland (all instruments)
- Test Song # 2: Chester (violins/basses only)
- Test Song # 2: French Folk Song (violas/cellos only)

### Track # 39 – Playing in positions on all strings: III position for violins/violas the 1 2 3 4 finger pattern, IV position for cellos the 1 2 4 finger pattern.

Practice: *Expressive Techniques*, pp. 15, all songs & *Essential Technique* - p. 2 #s 2 & 5 (D & A strings); p. 6 #29 (E string); p. 10 # 57 (G string); p. 14 # 82 (C string)

- Test Song # 1: Shalom Chaverim (all instruments)
- Test Song # 2: Scarborough Fair (violins/basses only)
- Test Song # 2: Anaconda (violas/cellos only)

### Track # 40 – Shifting to harmonics and shifting on open strings:

Practice: Harmonic Shifting: *EssTech* - p. 4 #s 13 - 20; *ExTech* - p. 13 & Open String Shifting - *EssTech*: #s 21, 25, 37, & *Packet*: Open String Shifting Etude

- Test Song # 1: Gossec Gavotte (all instruments)
- Test Song # 2: Open String Shifting Prelude (violins/violas only)
- Test Song # 2: My Bonnie Lies Over the Ocean (cellos/basses only)

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### Track # 41 – Same finger Shifting

Practice: *Packet & EssTech* p. 5, #s 22 - 28 & p. 7 #s 38 - 40, pp. 8 - 9 #s 41 - 43, 49 - 50. *ExTech* - p. 18

- Test Song # 1: Oh Come Little Children (all instruments)
- Test Song # 2: Wohlfahrt Etude (all instruments)

### Track # 42 – Playing in positions on all strings: III position for violins/violas the 1 2 3 4 finger pattern, IV position for cellos the forward extension finger pattern.

Practice: *ExTech* - p. 17

- Test Song # 1: A Capital Ship (all instruments)
- Test Song # 2: Not Really Westminster (violins/basses only)
- Test Song # 2: Go Down Moses (violas/cellos only)

### Track # 43 – Shifting from one finger to another finger.

Practice: *ExTech* - p. 4 #s 24 - 26, p. 19 & 20 & *Advanced Tech* - p. 14 #s 41 - 45 (A string), p. 15 #s 48 - 53 (E string), p. 16 #s 57 - 61 (D string), p. 17 #s 65 - 69 (G string), pp. 19 - 21 (songs with shifting)

- Test Song # 1: The Wayfaring Stranger (all instruments)
- Test Song # 2: Hohmann Etude for Violin (violins only)
- Test Song # 2: Hohmann Etude for Viola/Cello/Bass (violas/cellos/basses only)

### Track # 44 – Playing in positions on all strings: III position for violins/violas the 1 2 3 4 finger pattern, IV position for cellos the backward extension finger pattern.

Practice: *Packet & ExTech* - p. 16

- Test Song # 1: Pilgrim's Chorus (all instruments)
- Test Song # 2: Turkish March (violins/basses only)
- Test Song # 2: Londonderry Air (violas/cellos only)

### Track # 45 – **Playing in Lower 2<sup>nd</sup> position. Practice pp. 12, 13, 16, & 17.**

- Bass Etude in II Position by Simandl (bass only)
- II Position Etude by Grant (viola/cello only)

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- II Position Etude by Sitt (violin only)



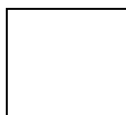
### Track # 46 – **Raised II Position**

- Bass Etude in II ½ Position by Simandl (bass only)
- Cello Etude in II ½ Position by Grant (cello only)
- Violin/Viola Etude in A by Dont



### Track # 47 – Playing in C major & G major. *Practice Ess Tech - pp. 18 - 21*

- Bach Cantata Melody (all instruments)



### Track # 48 – Playing in D major & G major. *Practice Ess Tech - pp. 22 - 23*

- Siciliano, Larghetto by Kuechler (all instruments)



### Track # 49 – Playing in A major *Practice Ess Tech - pp. 24 - 25*

- Wohlfahrt Etude in A major (all instruments)



### Track # 50 – Playing in F major *Practice Ess Tech - pp. 26 - 27*

- Hohmann Etude in F major (all instruments)

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## WARM UPS

- I. **Vibrato Exercises** - Essential Technique 2000, p. 41 # 215
- II. **Ornaments – Packet**
  - a. Mordents, **Packet, p. 1**
  - b. Trills, **Packet, p. 1**
  - c. Turns, **Packet, p. 2**
- III. **Scales, Arpeggios, Finger Patterns, & 3rds –**
  - a. *C major* - Essential Technique 2000, pp. 18 – 19
  - b. *G major* - Essential Technique 2000, pp. 20 – 21
  - c. *D major* – Essential Technique 2000, pp. 22 – 23
  - d. *A major* – Essential Technique 2000, pp. 24 - 25
  - e. *F major* – Essential Technique 2000, pp. 26 – 27
  - f. *Bb major* – Essential Technique 2000, pp. 28 – 29
  - g. *Eb major* – Essential Technique 2000, pp. 30 – 31
  - h. *A minor* – Essential Technique 2000, p. 32
  - i. *E minor* – Essential Technique 2000, p. 33
  - j. *D minor* – Essential Technique 2000, p. 34
  - k. *G minor* – Essential Technique 2000, p. 35
  - l. *C minor* – Essential Technique 2000, p. 36
- IV. **Bowing Exercises – Packet & Book**
  - a. Original Pattern, **Packet, p. 2**
  - b. Bowing Variants 1 – 13 – **Packet, pp. 2 - 3**
  - c. Martele – **Packet, p. 3**
  - d. Spiccato - Essential Technique 2000, p. 44
- V. **LH Technique**
  - a. One Finger Shifting Exercise – **Packet, p. 4**
  - b. Shifting from One Finger to Another in C major – **Packet, p. 5**
  - c. Schraedick Finger Exercises – **Packet, pp. 5 - 6**