

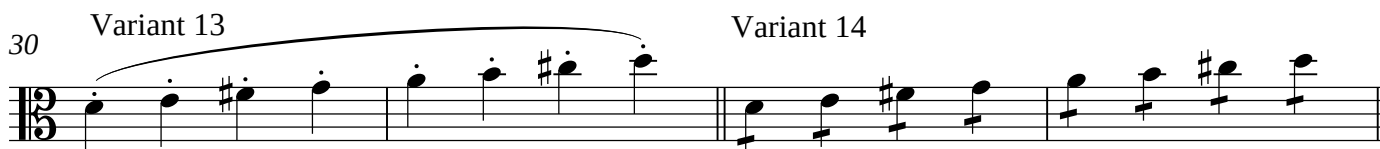
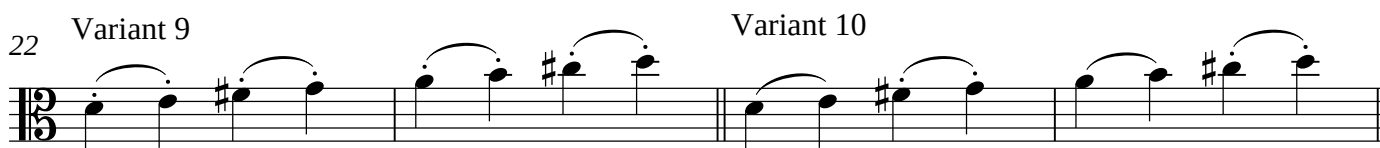
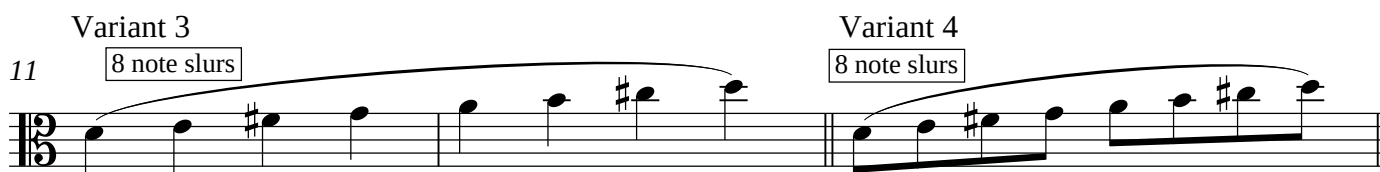
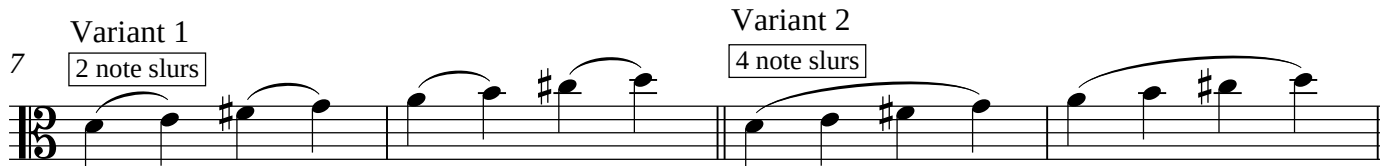
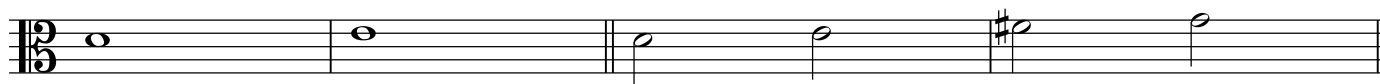
Viola

Cy Creek Warm Ups

Bowing Patterns for Scales & Arpeggios

Aaron Johnston

Original Pattern



2

Viola
Variant 16 Accent - sudden increase in both pressure and speed.
No air space btwn strokes

34 Variant 15



Variant 17

Martele - grip the string with downward pressure
and then release the the pressure upon starting the note.
It is often described as "pinching" the string.

Beginning Martele Exercise

40



Variant 18

Martele Exercise No. 2

44



Variant 19

Martele Exercise No. 3

46



Variant 20

Crescendo over long notes

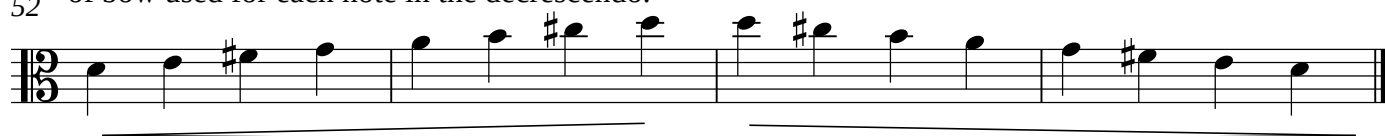


Variant 21

Regular Crescendo -

Increase the amount of bow use for each note in the crescendo and decrease the amount
of bow used for each note in the decrescendo.

52



Variant 22

Viola

Variant 23

3

56 Brush Stroke 1. Brush Stroke 2.

Variant 24

Variant 25

60 Brush Stroke 3. Spiccato 1.

Variant 26

Variant 27

62 Spiccato 2. Spiccato 3.

Variant 28

Variant 29

64 Fast Detache

Variant 30

66

Open String Exercises

67 1.

The bow over the finger bow should be played as a full bow and each subsequent whole note should match the volume of the first tone by changing the bow weight and speed with the change of bow placement.

76 2. finger board middle bridge

**Matching Open
Strings Exercises**

79 1.

1. 2. 3. 4. 5. 1. 2. 3.

87

Vln. 1. 2. 3. 4. 5. 1. 2. 3.

95 2.

Vln. 0 1 2 3 4 1 2 3.

101

1 2 3 4 5 1 2 3.

107 3.

Vln. 1 2 3 4 5 1 2 3.

117

1 2 3 4 5 1 2 3.

124

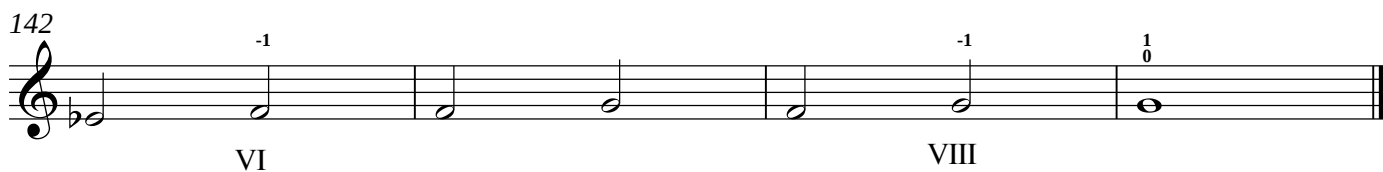
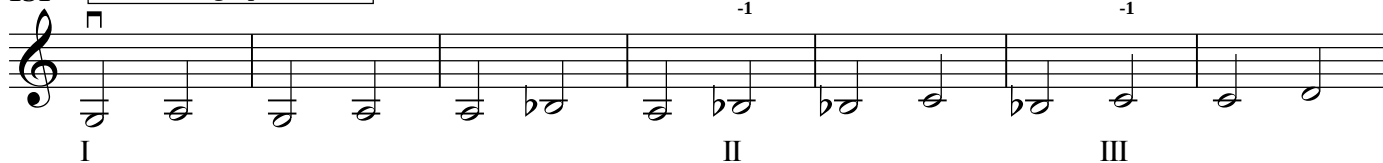
Vln. 1 2 3 4 5 1 2 3.

Position and Shifting Exercises

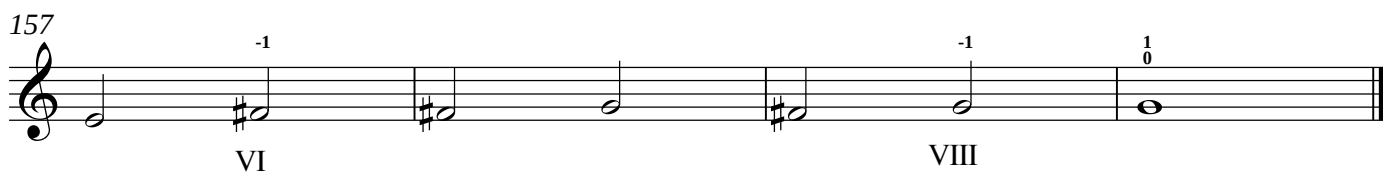
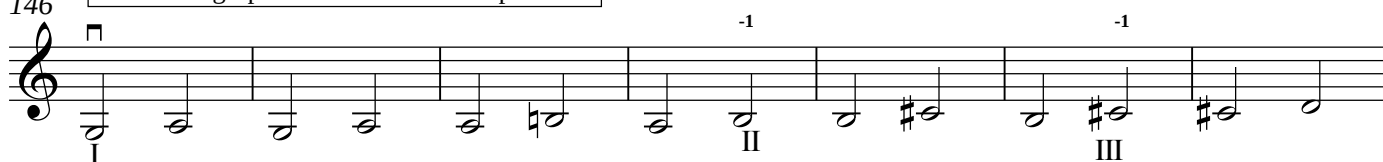
Viola

5

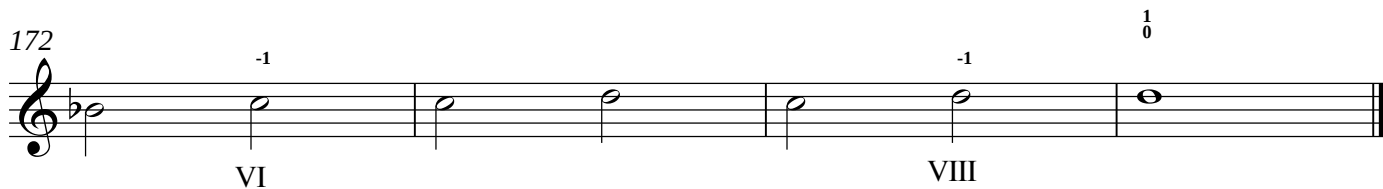
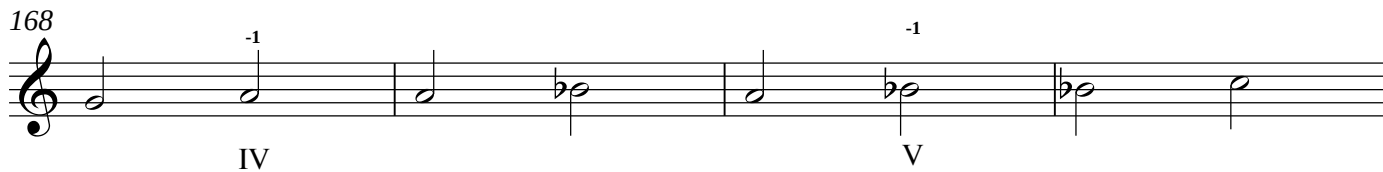
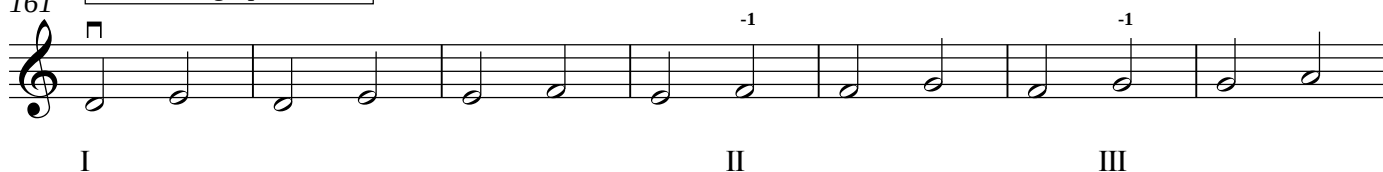
1.1. G string - pos. I - VII



1.2. G string - pos. I - VII with raised positions



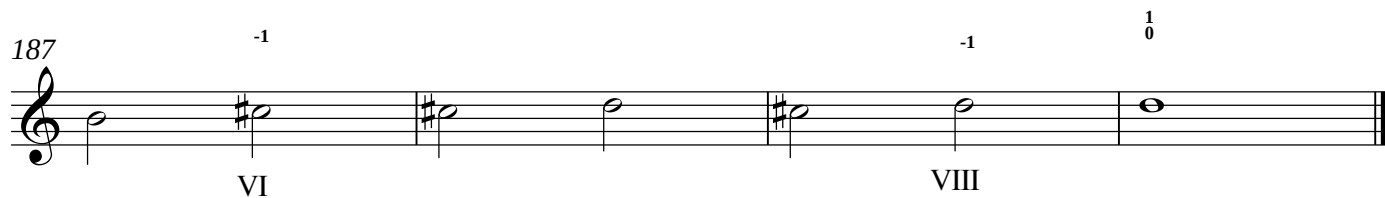
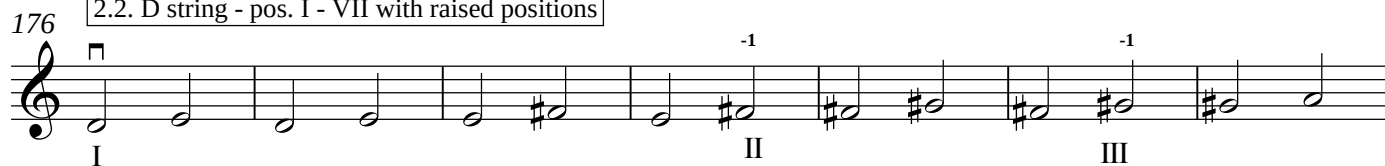
2.1. D string - pos. I - VII



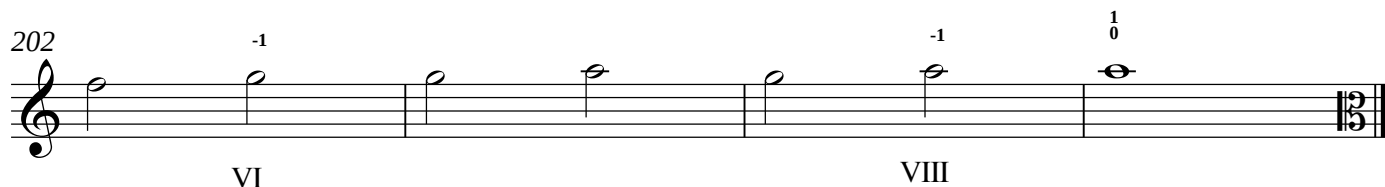
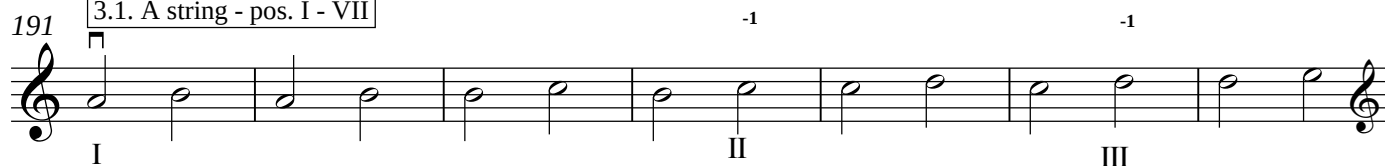
Viola

6

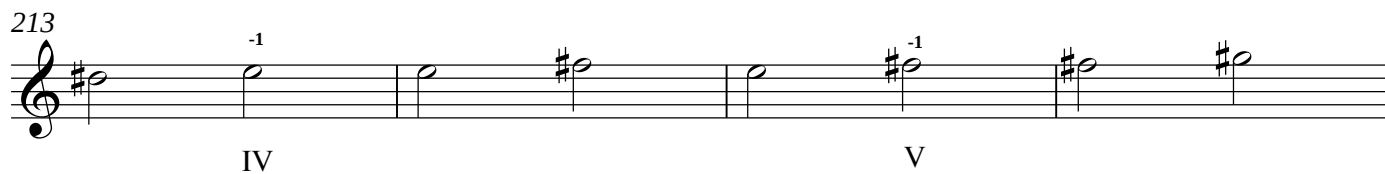
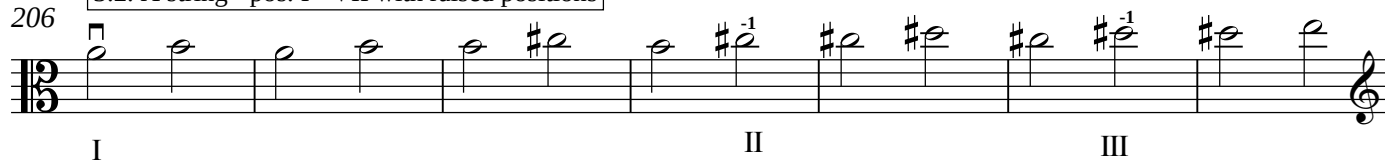
2.2. D string - pos. I - VII with raised positions



3.1. A string - pos. I - VII



3.2. A string - pos. I - VII with raised positions



Viola

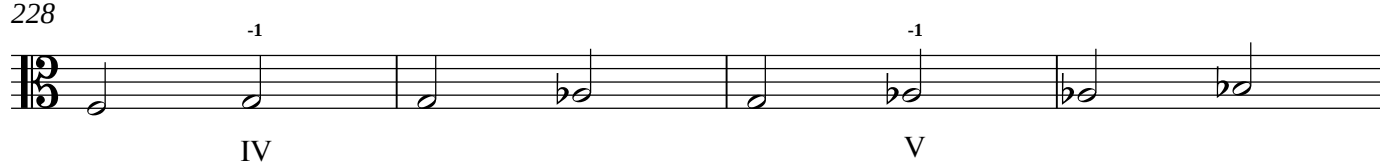
7

4.1. E & C string - pos. I - VII

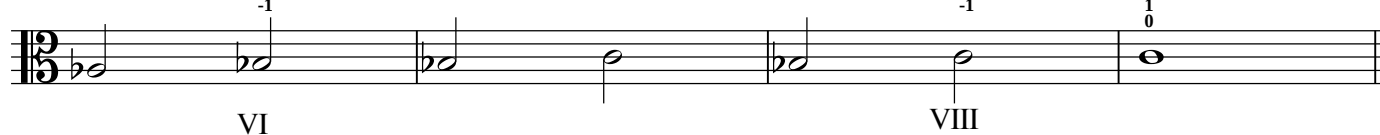
221



228

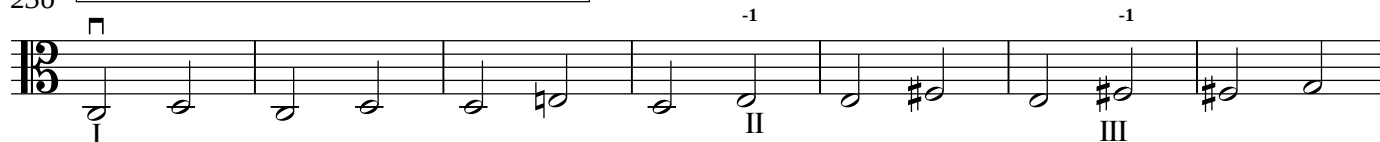


232



236

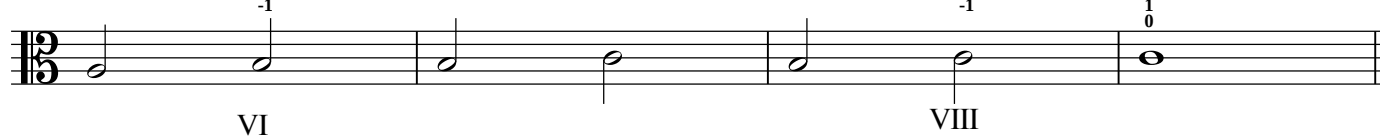
4.2. E string - pos. I - VII with raised positions



243



247



Shifting Exercises

One finger shifting exercises.

play this line in
1st position

251 **1.a.** **1.b.** **1.c.** **1.d.**

259 **2.a.** **2.b.** **2.c.** **2.d.**

267 **3.a.** **3.b.** **3.c.** **3.d.**

275 **4.a.** **4.b.** **4.c.** **4.d.**

283 **5.a.** **5.b.** **5.c.** **5.d.**

Shifting from One Finger to Another in C major

Viola

9

291 1.a. play this line in 1st position 1.b. 1.c. 1.d. 1.e. 1.f.

297 2.a. 2.b. 2.c. 2.d. 2.e. 2.f.

303 3.a. 3.b. 3.c. 3.d. 3.e. 3.f.

309 4.a. 4.b. 4.c. 4.d. 4.e. 4.f.

315 5.a. 5.b. 5.c. 5.d. 5.e. 5.f.

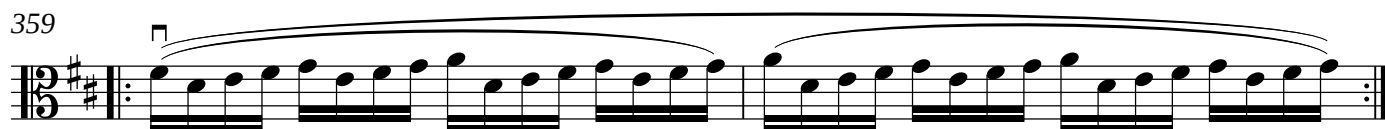
Schraedick Finger Exercise # 1

321 1.

325 2.

329 3.

333 4.

**Schraedick Finger Exercise # 2**

365

**Schraedick Finger Exercise # 3**

367



369



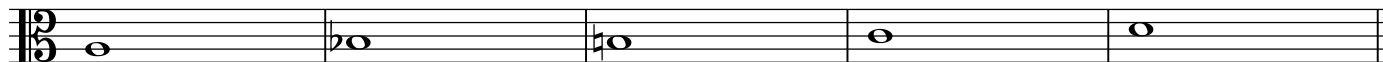
371



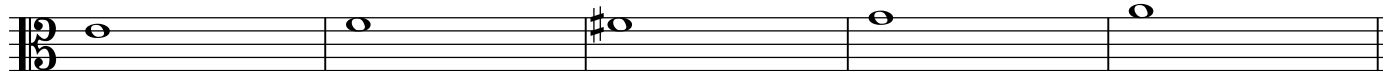
373

**Vibrato Notes**

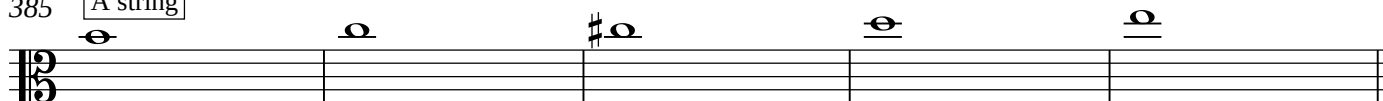
375 G string



380 D string



385 A string



390 E & C string

